

# Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

## MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project  
Advisory Group and Interested Parties

FROM: John Pandiani  
Dave Aylesworth  
Carol McGranaghan

DATE: September 8, 2000

RE: Adult Mental Health Service Utilization Rates by Gender

The attached graph and table compare the rate at which male and female adult residents make use of Adult Outpatient or Community Rehabilitation Programs at their local designated community mental health agency. This is the third in our series of weekly performance indicator reports that examine levels of access to community mental health services for adults in the general population and adults in special populations.

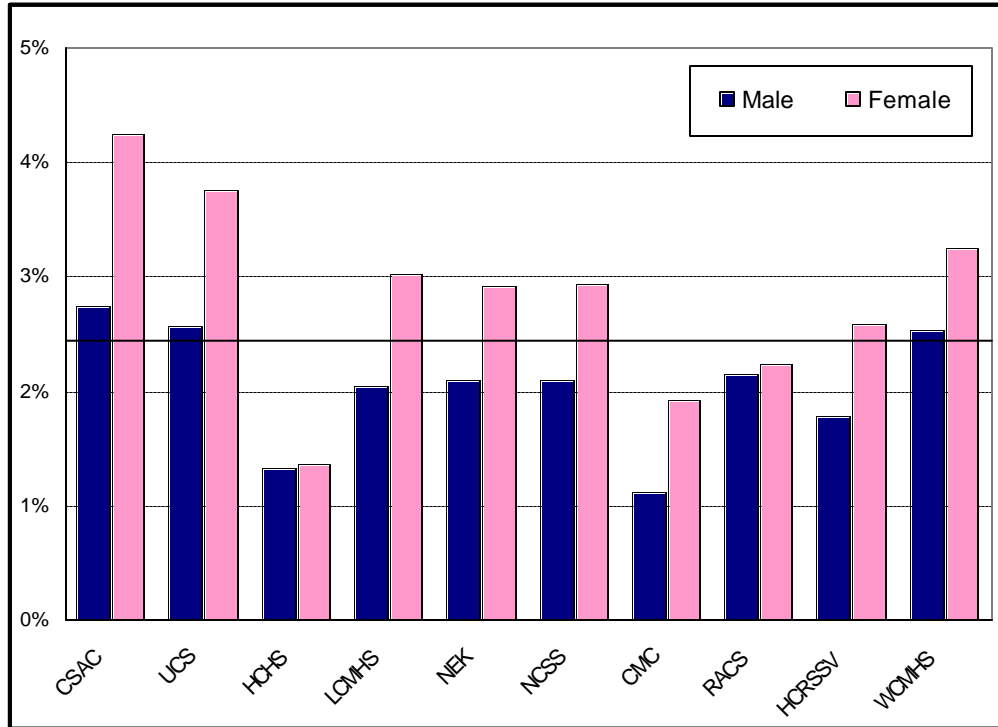
As you will see, women are substantially more likely to make use of adult mental health services at eight of the ten designated agencies. Men and women were served at similar rates in two regions: Chittenden and Rutland. None of the agencies served a greater proportion of male residents than female residents in their adult mental health programs.

The rate at which men were served by the adult mental health programs varied from a low of 1.1% in Orange County to a high of 2.7% in Addison County. The rate at which women were served by the same programs varied from a low of 1.4% in Chittenden County to a high of 4.2% in Addison County.

We will appreciate your thoughts on possible explanations of the observed variation in levels of access to care for male and female adults in Vermont's ten community mental health service areas. We look forward to your comments and suggestions to 802-241-2638 or [jpandiani@ddmhs.state.vt.us](mailto:jpandiani@ddmhs.state.vt.us).

*Erratum: The September 1, PIP erroneously describes CSAC as having the highest overall adult mental health utilization rate. As indicated in the graph and table, UCS (Bennington) has the highest overall utilization rate. Our apologies to UCS.*

## Adult Mental Health Service Utilization by Vermont Male and Female Residents FY1999



Region/Provider	Total Residents		Total Residents Receiving MH Care		Percent Residents Receiving MH Care	
	Male	Female	Male	Female	Male	Female
Addison - CSAC	13,108	12,805	360	543	2.7%	4.2%
Bennington - UCS	12,860	14,138	331	531	2.6%	3.8%
Chittenden - HCHS	60,552	65,108	800	887	1.3%	1.4%
Lamoille - LCMHS	8,083	8,182	165	247	2.0%	3.0%
Northeast - NEK	22,509	23,149	471	676	2.1%	2.9%
Northwest - NCSS	17,915	18,094	375	530	2.1%	2.9%
Orange - CMC	12,954	13,005	144	249	1.1%	1.9%
Rutland - RACS	23,264	32,233	502	722	2.2%	2.2%
Southeast - HCRSSV	33,963	35,082	607	906	1.8%	2.6%
Washington - WCMHS	20,871	22,291	530	725	2.5%	3.3%
Total Number	226,079	244,087	4,285	6,016		
Median by Gender					2.1%	2.9%
Median Overall					2.5%	

2.35%

Population figures based on 1998 Vermont Population and Housing Estimates produced for the Vermont Department of Health by the University of Vermont Center for Rural Studies.

Active adult caseload includes all people assigned to a CRT or Adult Outpatient program who received at least one community mental health service during FY 1999.